

Rayat Shikshan Sanstha's
CHANDRAROOP DAKLE JAIN COLLEGE OF COMMERCE, SHRIRAMPUR
ACADEMIC YEAR: 2024-25

Department of Physical Education and Sports

Report of the Programme

S.N.	Particulars	Responses		
1	Title of the Event	Inter Zonal Power lifting Competitions(Women): 2024-25		
2	Type	Outdoor		
3	Date and Time	11 th Dec, 2024 at 10:30 a.m.		
4	Sponsor/Funded by	Savitribai Phule Pune University, Pune		
5	Objectives	1. Provide platform to budding body builders. 2. Imbibe sporty approach among players 3. Promotion to the Powerlifting.		
6	Name of the Inaugurator / Chief Guest and Contact Number	Mr. Prakash Nikam Patil – Mob.:9822927145		
7	Outcomes	1. Provided platform to budding body builders. 2. Imbided sporty approach among players 3. Promoted body building and power lifting		
8	Winner Individual Strong Women (S.P.P.U.)	1.Strong Women - Shetti Vaishavi (Pune Dist.)		
9	Number of Beneficiaries - Sportsperson	Boys: --	Girls: 22	Total : 22
10	Number of Beneficiaries - Staff	Teaching: 00	Non- teaching: 00	Total : 00
11	Venue	Gymkhana		
12	Online/Offline	Offline		
13	Name of the Coordinator	Prof. Subhash Deshmukh Mob.: 9850135533		



Rayat Shikshan Sanstha's,
C.D.JAIN COLLEGE OF COMMERCE, SHRIRAMPUR.

Dist -A.Nagar. 413709.

INTERZONAL POWERLIFTING COMPETITIONS (MEN & WOMEN) 2024-2025

DATE OF COMPETITIONS 11 to 12 Dec.2024

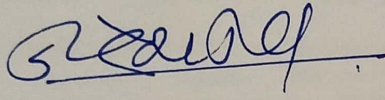
Result Sheet Powerlifting Women

	Body weight group	Place	Lifter name	Zone	Squat	Bench press	Deadlift	Total
1	47 Kg	I	Lad Pratiksha	Pune City	80	40	92.5	212.5
		II	Khedkar Tejswini	Pune Dist.	75	35	82.5	192.5
		III	Dhikale Kanchan	Nashik	47.5	30	95	172.5
2	52 Kg	I	Kalane Siddhi	Pune Dist	100	45	115	260
		II	Kakade Nikita	A.Nagar	60	30	90	180
3	57 Kg	I	Darekar Sakshi	Nashik	115	42.5	130	287.5
		II	Rajput Mrunal	Pune City	80	45	95	220
		III	Sondkar Pratiksha	Pune Dist.	60	40	90	190
4	63 Kg	I	Sangale Aditi	Nashik	140	60	142.5	342.5
		II	Mhalaskar Sakshi	Pune Dist.	130	80	122.5	332.5
		III	Avatekar Pranali	Pune City	77.5	40	85	202.5
5	69 Kg	I	Shetti Vaishanvi	Pune Dist.	160	105	150	415
		II	Nayar Archana	Pune City	90	45	100	235
		III	Unde Pooja	A.Nagar	80	35	95	210
6	76 Kg	I	Patekar Ananya	Pune City	85	50	115	250
		II	Dhotre Ashita	Pune City	90	40	100	230
		III	Mandal Manisha	Pune Dist.	85	30	100	215
7	84 Kg	I	Lone Pratibha	Pune Dist.	190	72.5	180	442.5
		II	Shelar Gauri	Pune City	107.5	60	125	292.5
		III	Padulkar Vaishavi	A.Nagar	97.5	55	115	267.5
8	+84 Kg	I	Bhong Mrunali	Pune Dist.	160	95	137.5	392.5
		II	Khopikar Anushka	Pune City	120	80	105	305

STRONG WOMAN OF SPPU 2024-2025 :- Shetti Vaishavi (Pune Dist.)

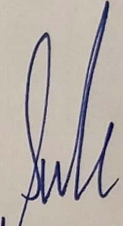
General Championship

PLACE	ZONE	POINTS
I	Pune Dist.	18
II	Pune City	17
III	Nashik	7
IV	A.Nagar	4



Organizing secretary

Prof. Subhash Deshmukh



I/C Principal

Dr. Suhas Nimbalkar




सावित्रीबाई फुले पुणे विद्यापीठ, पुणे

रयत शिक्षण संस्थेचे,

चंद्ररुप डाकले जैन कॉलेज ऑफ कॉमर्स, श्रीरामपूर

यांचे संयुक्त विद्यमाने

आंतरविभागीय

पॉवरलिफ्टिंग व शरीरसौष्ठव स्पर्धा

दि. ११ व १२ डिसेंबर २०२४



प्रमुख उपस्थिती

डॉ. पी. व्ही. बडथे
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उद्घाटक

मा. मीनाताई जगधने
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स्पर्धा आयोजक

प्रा. सुभाष देशमुख
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शारीरिक शिक्षण व क्रीडा मंडळ
(अतिरिक्त कार्यभार)

श्री. शिवाजी उत्तेकर
सहायक कुल सचिव,
सा. फुले पुणे विद्यापीठ, पुणे

प्रा. डॉ. सख्यद एस. बी.
उप प्राचार्य

डॉ. सुहास निंबाळकर
प्र. प्राचार्य



सावित्रीबाई फुले पुणे विद्यापीठ, पुणे
चंद्ररुप डाकले जैन कॉलेज ऑफ कॉमर्स, श्रीरामपूर
आंतरविभागीय
पॉवरलिफ्टिंग व शरीरसौष्ठव स्पर्धा

JM9C+XCV, College Rd, Shrirampur, Maharashtra 413709, India

Latitude 19.6199754° Longitude 74.6709722°

Local 03:04:51 PM Altitude 535 meters

GMT 09:34:51 AM Thursday, 12.12.2024

Note : C. D Jain college of commerce shrirampur

STRONG WOMAN OF SPPU 2024-2025 :Pretti Vaishavi (Pune Dist.)





[Signature]

Director of Physical Education
C.D.Jain College of Commerce
Shrirampur, Dist.Ahmednagar



[Signature]

I/O Principal
C.D.Jain College of Commerce
Shrirampur, Dist.Ahmednagar